

THURSDAY, NOVEMBER 26, 2009  
AT RUGBY HIGH SCHOOL  
COMMONS AREA

RELAY FOR LIFE - TURKEY TROT  
5K RUN / WALK



9:00 A.M.

**TURKEY TROT -- All proceeds go to Pierce County Relay for Life!**

**ENTRY FEES:** Please make check payable to *Relay for Life*.

Adults	\$ 20.00
Students through 12th grade	\$ 10.00
Family rate (Immediate family only ..... Up to 4 people)	\$ 40.00

**NO ROLLER BLADES OR BIKES.** (Walkers/runners may push strollers)

**AWARDS:** Top overall male and female finisher  
1st Place awarded in each category: male and female: 0-14 years, 15-19  
Years, 20-29 years, 30-39 years, 40-49 years and 50+

**RACE T-SHIRTS:** Guaranteed to those who pre-register by Thursday, November 19th!

**REGISTRATION OPTIONS:**  
Mail in the form below, or register the day of the race at Rugby High  
School commons area from 8:00-9:00 a.m.

Mail form and entry fee to:

Turkey Trot  
c/o Michele Lind  
1502 6th Avenue SE  
Rugby, ND 58368

Please make checks payable to:  
**Relay for Life**

Name	
PO Box or Street	City, State, Zip
T-shirt size: Adult: <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large	
<input type="checkbox"/> Male	<input type="checkbox"/> Female Age on 11-26-09 _____

**WAIVER:** I, the undersigned, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release any and all sponsors of this race and their representatives, successors, and assigns, from any and all liability arising from illness or injuries I may suffer as a result of participation in this race. I also understand that entry fees I pay are not refundable. I have read the foregoing and certify my agreement by my signature below.

Signature

Date